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1926 - 2026

Representing the Stations of
Encino – Panorama City – Sherman Oaks – Sun Valley – Tarzana – Van Nuys Main

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PRESIDENT'S REPORT

By
JEMMAYEN MACARAEG

100 Years of Strength and Solidarity: NALC Branch 2462 Centennial Anniversary

In 2026, the National Association of Letter Carriers (NALC) Branch 2462 – Heart of the Valley proudly celebrates a remarkable milestone: 100 years of service, unity, and unwavering commitment to letter carriers and the communities they serve.

A Century of History

Founded on April 3, 1926, Branch 2462 has stood as a pillar of strength for letter carriers in the San Fernando Valley and surrounding areas. Over the past century, the branch has witnessed—and contributed to—some of the most important developments in labor rights, workplace protections, and the evolution of the United States Postal Service.

As part of the larger National Association of Letter Carriers, Branch 2462 shares a proud national legacy rooted in advocating for fair wages, safe working conditions, and dignity for postal employees. Since the early days of the union, letter carriers have fought for fundamental rights such as the eight-hour workday and equitable treatment—principles that continue to guide the union today.

The Heart of the Valley

Known as the "Heart of the Valley", Branch 2462 has long been more than just a union—it is a family. With its headquarters in Van Nuys, California, the branch has consistently brought members together through monthly meetings, educational efforts, and community events that keep carriers informed and connected.

From retiree luncheons and holiday celebrations to charity events like Muscular Dystrophy Association fundraisers, the branch has built a culture of solidarity that extends beyond the workplace and into the community.

Leadership, Dedication, and Service

Over the decades, countless officers, stewards, and members have dedicated their time and energy to strengthening the branch. Their work—often behind the scenes—has ensured that every member has a voice, representation, and protection on the job.

Branch 2462 has also been shaped by leaders who stepped up in times of need, mentoring new generations of union representatives and ensuring that knowledge, experience, and passion are passed forward. This tradition of mentorship and service remains one of the branch's greatest strengths.

A Legacy of Advocacy

For 100 years, Branch 2462 has stood firm in defending the rights of letter carriers. Whether addressing workplace issues, navigating grievances, or standing in solidarity during national efforts to protect the Postal Service, the branch has remained committed to its mission.

Through changing times—including economic shifts, technological advancements, and even global challenges like the COVID-19 pandemic—the branch has continued to adapt while staying true to its core values: unity, fairness, and service.

Honoring the Past, Inspiring the Future

The centennial celebration is not only a time to honor the past but also to look forward. It is a moment to recognize the sacrifices and contributions of those who came before, while recommitting to the work that lies ahead.

As Branch 2462 enters its second century, it does so with pride, resilience, and a renewed sense of purpose. The strength of the branch has always come from its members, their dedication, their unity, and their belief in something greater than themselves.

Conclusion

One hundred years ago, a group of letter carriers came together to build something meaningful. Today, that legacy lives on in every member of Branch 2462.

****Here's to 100 years of brotherhood and sisterhood, of standing strong, and of delivering not just mail—but service, commitment, and hope to every community we serve.****

"The MailCall" is published monthly by "Heart of the Valley Branch 2462, NALC, 6910 Hayvenhurst Ave., Suite 104, Van Nuys, CA 91406 in the interest of and for the Letter Carriers of the Van Nuys Post Office and its Stations. **ARTICLES FOR PUBLICATION MUST BE IN THE HANDS OF THE EDITOR ON NIGHT OF THE REGULAR BRANCH MEETING. ALL ARTICLES MUST BE TYPED OR ON COMPUTER DISK WITH SINGLE LINE SPACING.** The Editor reserves the right to delete any article he deems necessary , improper, or unfit. All opinions expressed are those of the writer and are not necessarily those of the Editor or Branch 2462, NALC. The views expressed in this document are those of the author and do not necessarily represent the official views of the U.S. Postal Service. In the hopes that any material contained herein may be of benefit to your Branch and to the goals of the NALC, permission is granted to copy and/or use any material in this publication with our best wishes.

ATTENDANCE CHART
BRANCH MEETINGS

MONTH	J	F	M	A	M	J	J	A	S	O	N
MAIN OFFICE	2	5	5	4							
ENCINO	1	1	2	1							
PANORAMA CITY	3	2	2	2							
SHERMAN OAKS	5	4	6	6							
SUN VALLEY	0	0	0	0							
TARZANA	4	3	3	2							
RETIREE'S	7	6	5	7							
TOTAL	22	21	23	22							

NEXT MEETING

TUESDAY

MAY 5th

2026

6:30 p.m.

BRANCH OFFICE

DEADLINE DATE FOR THE NEXT ISSUE OF "THE MAIL CALL" IS

May 10, 2026

WEB PAGE.... WWW.NALCBRANCH2462.ORG
BRANCH OFFICE.....818-786-8505
O P C PERSONNEL OFFICE.....818-374-5600
E-Mail.....Branch2462nalc@gmail.com

"RETIREE CORNER"

ATTENTION: !!!!

Our next Breakfast Meeting will be held at Denny's Restaurant , (Corner of Sherman Way & DeCelis). **It will begin at 09:00 AM. Date will be April 25, 2026 (4th Saturday)** So, please mark your calendar.....We hope to see you there. Thank You

MBA UPDATE
BY
PEDRO MORALES

MBA Whole Life Insurance is a whole life insurance plan that lets you choose from $10,000, $15,000, $25,000, $50,000, $100,000 or $150,000 worth of coverage. Premiums are based on the amount of the policy benefit and your age at the time of purchase. With this plan, premiums remain the same throughout the life of your policy. You may pay premiums once a year, 12 times a year or biweekly under the payroll deduction plan.*

Premiums are payable for the insured's lifetime. You can borrow against your cash buildup and still keep your plan in force, or you may trade in your policy for the cash value (which you can take as a lump sum, or a regular income).

Should you decide to borrow against your policy, the interest rate will be 8%, or the rate determined by the state in which your policy is issued (whichever is lower).

* Retirees may choose to pay premiums monthly or annually. Sorry, retirees are not eligible to use payroll deductions.

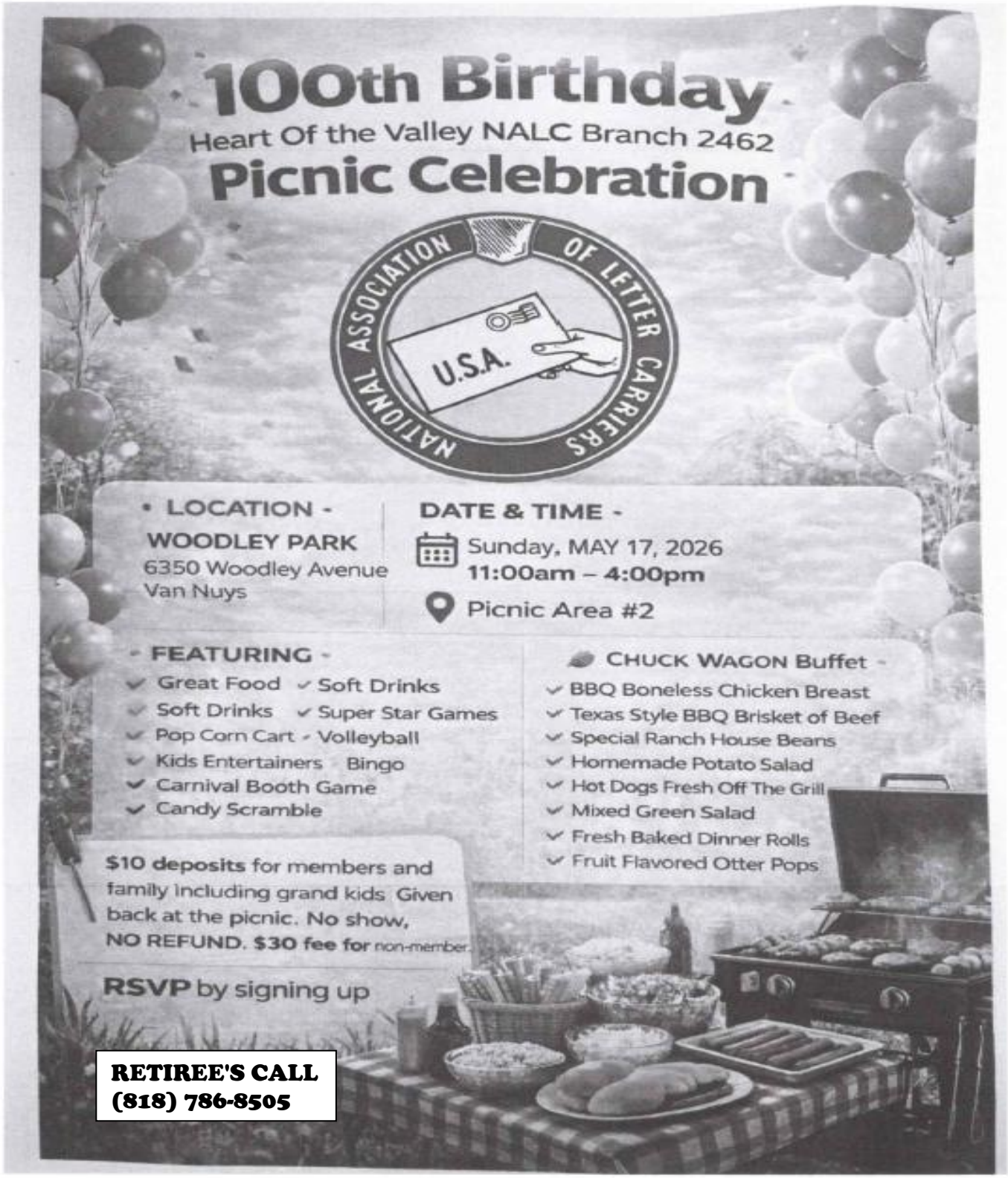
*FOR ANY QUESTIONS FOR LIFE INSURANCE PLEASE CONTACT THE MBA OFFICE
M-F// 8AM-3:30 EST// 202-638-4318

REMEMBERING MEMORIAL DAY

THEIR SACRIFICE ALLOWS US TO LIVE AND CELEBRATE IN FREEDOM EVERYDAY

HONOR AND REMEMBER THEM

PICNIC !!!!! PICNIC !!!!!



INSTALLATION OF NEWLY ELECTED OFFICERS WILL ALSO BE HELD

THE MAIL CALL
BRANCH 2462,
NALC
6910 Hayvenhurst
104
Van Nuys, CA 91406

NONPROFIT
ORG.
U.S. POSTAGE
PAID
VAN NUYS, CA
PERMIT No. 314

Address Service Requested

Branch Meeting Minutes
April 7, 2026
By
Steve Seyfried, Secretary

The Meeting was held at the Branch 2462 Union Hall 6910 Hayvenhurst Ave, #104 Van Nuys California. It was called to order by PRESIDENT MACARAEG at 6:59 p.m.

The Pledge of Allegiance was led by SGT-AT-ARMS GODDARD

MOMENT OF SILENCE--In Memory of JUDY WILLOWBY, former National Officer & all Active & Retired members who have passed this year.

ROLL CALL OF OFFICERS

PRESENT— MACARAEG, SEYFRIED, MULLINAX, WILSON, GODDARD, DOLABSON, JEFFREY, MORALES, MARISCAL

ABSENT—VALENZUELA, BURTON

VACANT—VICE PRESIDENT

MINUTES ACCEPTED AS PRINTED IN MAILCALL

APPLICATION FOR MEMBERSHIP

JULIAN FELIX, JOSEPH SALAS, MALCOLM SPRULL, ALAN RIVAS RAMIREZ, CRISOBAL MOTTA, EZEKIEL MIDDLETON, GILDA PADILLA LOPEZ

BILLS READ--NONE

COMMITTEE REPORTS

AUDIT & BUDGET—TRUSTEES Audit will be sometime later this summer, exact date to be determined at a later date.

SAFETY & HEALTH--SOLIS As summer approaches remember to hydrate before and during working hours. DOGS in the yard !! You do not want to be bitten so be on the lookout for dogs in yards and running stray in the street.

RETIREES 7 Retiree's present tonight.

MDA FUND--GODDARD $ 3209.00 in the fund

HBR— HB Plan offers programs on Diabetes Care, Mental Health Services, Stop Smoking, Pregnancy Care and Physical Therapy.

MDA— Coordinator position is open, anyone who would like to serve should contact the President. This is an appointed position & does not serve on the Executive Board.

MBA—MORALES Several Life Insurance plans available at discounted rates. If you have any questions regarding insurance plans through the MBA, contact me at Main Office or leave a message at the Union Office. Watch for my article for the MailCall.

EDITOR—MARISCAL We have sufficient funds in our postal account. Paper was prepared and mailed last week.

POLITICAL REPORT—JEFFREY Congress is on recess for 2 weeks, however we must still send messages to them regarding our opposition to the Save America Act.

FINANCE REPORT—MULLINAX Membership pins are in the office and I am in process of getting those out. All Branch taxes have been paid.

TREASURERS REPORT-WILSON Financial Reports read.

Motion to accept Financial Reports as read M/S/C

VICE PRESIDENT—Vacant

PRESIDENT REPORT Branch is celebrating 100th Anniversary through the entire month of April. Branch will be holding a PICNIC to commemorate our "Birthday" on MAY 17, 2026. Active members may sign up at their offices and Retirees should contact the Union Office (818) 786-8505 and let us know how many will be attending in their party. Route Inspection classes were held, with good attendance. Thanks to CALVIN BROOKINS for conducting the classes. Steward Training continues to be conducted at the Branch office. Arbitration Hearing was held last week at Sherman Oaks Station. Regional Training will be held in Las Vegas at the end of April. I will be attending the COP meeting in Puerto Rico in May. Negotiations for National Contract have begun in D.C. P O is rolling out a new CPR program, more on this later. The Branch has been served with an unfair labor charge. This charge has been referred to the NALC National's lawyers in New York City.

OLD BUSINESS--NONE

NEW BUSINESS

MOTION—Move that the Branch pay the unsecured Property Tax bill which runs from July 2026 through June 2027. Cost to the Branch $ 184.63 M/S/C

MOTION—Move that the Branch renew the State Farm Casualty & Damage Policy from May 2026, through May 2027. Cost to the Branch $ 2,413.25 M/S/C

UNDERLINED INDICATES UNANAMOUS VOTE

Nominations for Branch Officers opened at 8:04 pm

PRESIDENT	**JAMMAYEN MACARAEG**
VICE PRESIDENT	**CALVIN BROOKINS**
RECORDIN SEC	**STEVE SEYFRIED**
TREASURER	**TIA WILSON**
FINANCIAL SEC	**TRACY MULLINAX**
SGT-AT-ARMS	**ROD GODDARD**
TRUSTEE	**RAFAEL PEREZ**
	PAUL JEFFREY
	PEDRO MORALES
HBR	**EDGAR SOLIS**
MBA	**EMMETT MILTON**
EDITOR	**GUILLERMO MARISCAL**

GOOD OF THE ASSOCIATION

Brothers TRACY MULLINAX & CALVIN BROOKINS presented Membership Pins to PAUL JEFFREY (35) JASON COELLO (40) & LINDA BROOKINS (45). Congratulations on your many years of membership

MDA DRAWING

$ 2.00 CALVIN BROOKINS—RET/CIVIC CENTER-DONATED
$ 3.00 TIA WILSON—RETIREE/SUN VALLEY--DONATED

Meeting Adjourned 8:37 PM