#### Representing the Stations of Encino – Panorama City – Sherman Oaks – Sun Valley – Tarzana – Van Nuys Main

VOLUME 56 SEPTEMBER 2019 NUMBER 8

## PRESIDENT'S REPORT By JANETTE DOLABSON

#### **Route Inspections:**

The Encino 91436 zone and the Panorama City station are both scheduled for route inspections in September. PC 9/7-13 and Encino 91436 9/21-27. We hosted a class at the office on 8/27/19. Flyers were posted in the stations. Management will be using COR for these adjustments. I hope you attended the class at the office.

#### **CCA Social:**

The Branch hosted a CCA social on August 24<sup>th</sup>, 2019. We plan on doing these socials a couple times a year so the CCA's can to come meet and talk to the union representatives. They can have some food and let us know what is on their mind. If you were not able to attend this one, be sure to try and make the next one. CCA's often feel alienated and out of the loop with the union. We want to try and change that. Many of them come in to work late and never really see their shop stewards or representatives. We need to know what is going on with them. They are reluctant to voice their opinions or say anything at work. It's important that they are heard. We as union brothers and sisters need to do a better job of keeping them informed. Not all of them read the union paper (Mail Call), hear our standups, or attend the union meetings. I am hoping that holding a social a couple times a year will help foster dialog with our CCA's. They are the future of the NALC.

#### **Hot Hot Hot:**

I don't need to tell you it's hot out there. I just want to reiterate why its important to stay hydrated and take a break when you need one. I know that many of the offices are sending text messages saying to stay hydrated and take your "approved breaks". I am telling you that you can take what breaks you need to for your health. If you need to sit for a few minutes and drink water and cool down, you can do so. Let your office know why you are running late, if you are. If they try and discipline you for taking extra water breaks or cool downs, let your shop steward know. If you are informing your office why you are taking longer on the street, there should be no reason why any office should have an issue with you keeping safe by hydrating and cooling yourself down.

#### **MDA Camp**

Thank you to those who attended the MDA camp in Irvine. The kids had a great time and so did those who attended with them. A special thank you to Mayen Macaraeg and Francisco Valenzuela for all they do for MDA. Our branch has never had the amount of money donated or as many MDA events as they have since they have taken over as our MDA coordinators. They do an outstanding job and we thank them both for their hard work and dedication.

#### **Retiree Luncheon**

Our annual Retiree Luncheon will be held on Sunday October 27<sup>th</sup> at 1:00 PM at the Monterey at Encino on Burbank Blvd. It is free for all retiree NALC members and only around 8 bucks for active members. Please call the branch office (818 786-8505) for your tickets. It's a lot of fun and great food. We do some raffle prizes, give out member pins and awards. If you are free that day, come join us in honoring our retirees.

(Continued on Page 3)

#### **SPECIAL NOTICE**

In accordance with Article V of the NALC Constitution and Article V of the By-Laws of Branch 2462, NALC, notice is hereby given for the Nomination and Election of Delegates to the State and National Convention. Nominations will be held at the October Meeting on October 1, 2019. Election, if needed, will be held in November 2019 and will be conducted by mail, as provided in Article IV of the By-Laws of Branch 2462 NALC. All members, in good standing, are eligible to be nominated. Any member, not in good standing or who has not attended at least eighteen (18) regular meetings during the twenty-four (24) months prior to their nomination as a Delegate shall not receive any expenses from the Branch. Any member who has less than one (1) year membership in this Branch who shall have attended at least three fourths (3/4) of those regular meetings, from his/her acceptance into membership, prior to their nomination as a Delegate or Alternate may receive expenses. All members of the Executive Board, by virtue of their office, shall be Delegates to all National and State Conventions. This Branch shall elect a Full Delegation to all National and State Conventions.

"The MailCall" is published monthly by "Heart of the Valley Branch 2462, NALC, 6910 Hayvenhurst Ave., Suite 104, Van Nuys, CA 91406 in the interest of and for the Letter Carriers of the Van Nuys Post Office and its Stations. **ARTICLES FOR PUBLICATION MUST BE**IN THE HANDS OF THE EDITOR ON NIGHT OF THE REGULAR BRANCH MEETING. ALL ARTICLES MUST BE TYPED OR ON COMPUTER DISK WITH SINGLE LINE SPACING. The Editor reserves the right to delete any article he deem s necessary, improper, or unfit. All opinions expressed are those of the writer and are not necessarily those of the Editor or Branch 2462, NALC. The views expressed in this document are those of the author and do not necessarily represent the official views of the U.S. Postal Service. In the hopes that any material contained herein may be of benefit to your Branch and to the goals of the NALC, permission is granted to copy and/or use any material in this publication with our best wishes.

# ATTENDANCE CHART BRANCH MEETINGS

MONTH J F M A M J J A S O N

**MAIN OFFICE** 5 5 5 **ENCINO PANORAMA CITY** 2 3 **SHERMAN OAKS** 2 3 **SUN VALLEY** TARZANA 1 0 6 5 **RETIREE'S** 4 6 6 3 TOTAL 2022 21 19 24 24 20 20

MEETING PLACE OF BRANCH 2462, NALC 6910 HAYVENHURST AVE., SUITE 104 VAN NUYS, CALIFORNIA

**NEXT MEETING**\*\*\*6:30 PM\*\*\*

## SEPTEMBER 3rd "2019"

DEADLINE DATE FOR THE NEXT ISSUE OF "THE MAIL CALL" IS

## September 8, 2019

WEBPAGE.....WWW.NALCBRANCH2462.ORG BRANCH OFFICE.......818-786-8505 O P C PERSONNEL OFFICE......818-374-5600 E-Mail......Branch2462nalc@gmail.com

# "RETIREE CORNER" ATTENTION: !!!!

Our next Breakfast Meeting will be held at Denny's Restaurant , (Corner of Sherman Way & DeCelis). It will begin at 09:00 AM. The next date will be Sept 28, 2019 (4th Saturday) So, please mark your calendar.....We hope to see you there. Thank You

**Bob Johnson** 

# Vice President's Report By John Burton

NALC CCA Retirement Savings Plan is a retirement income plan designed for City Carrier Assistants (CCA's) to supplement your pension. You make small payments to the plan while you're young, so you can receive a lifetime of monthly payments after you retire—even if you live to be 200!

Under the NALC CCA Retirement Savings Plan, you can also request a guaranteed number of monthly payments.

City Carrier Assistants who participate in the plan may transfer their Traditional IRA funds to the Thrift Savings Plan once they become carrier letter carriers. The Surrender Charge will be waived in this instance only. Note: The Thrift Savings Plan is not set up to receive Roth IRA transfers at this time.

You choose the amount you want to contribute to your NALC CCA Retirement Savings Plan. It can be as little as \$15 per pay period (the minimum amount allowed). You may also select your method of payment: MBA can deduct payments automatically from your paycheck or bill you monthly or annually.

With as little as a one-time \$15.00 payment, you can start your NALC CCA Retirement Savings Plan and never have to make any additional deposits in order to maintain your policy in force. You may also make a lump sum deposit into the NALC CCA Retirement Savings Plan at any time to help build your plan's value.

As your NALC CCA Retirement Savings Plan grows, you can expect to earn competitive interest rates. The plan is tax-deferred, which means you do not pay taxes on any of your interest until you draw on it, further improving your yield.

When you're ready to retire, MBA offers a choice of four ways to collect monthly benefits:

Life Annuity With Period Certain. Receive a lifetime of monthly payments. You're guaranteed this income for as long as you live. If you die during a specified period (5, 10, 15 or 20 years), payments go to your beneficiary until the end of the period.

Life Annuity. Receive monthly payments through your lifetime. No further benefits will be paid after your death.

Joint Life Annuity. You or your beneficiary receive monthly payments as long as either of you live.

Full Cash Refund. Receive monthly payments as long as you are alive. When you die, the MBA will pay any money in your account to your beneficiary.



#### PRESIDENT'S REPORT

(Continued from Page 1)

#### **NALC's Letter Carrier Resource Guide**

"The NALC's Letter Carrier Resource Guide combines the 2016 City Carrier Assistant Resource Guide and the 2014 Letter Carrier's Guide into one merged and updated publication. The Letter Carrier Resource Guide is now available in downloadable PDF format on the NALC website at nalc.org/resourceguide. The online version contains links throughout the guide that will connect you directly to additional relevant information. The guide is a one-stop shop of valuable information for all city letter carriers at every stage of their careers. With a redesigned format and more than 20 pages of new information, the Letter Carrier Resource Guide was created to address letter carriers' concerns throughout their career. For city carrier assistants (CCAs), the guide includes updated CCA rights and benefits reflected in the 2016-2019 National Agreement and the joint Questions and Answers 2011 USPS/NALC National Agreement. A new "On-the-Job" section provides information on issues relevant to the workroom floor, such as Delivery Operations Information System (DOIS) projections and PS Form 3996, the MDD, Customer Connect and Sunday parcel delivery. Additional chapters with information on Wounded Warriors Leave, ePayroll, PS Form 3971 and holiday provisions will assist letter carriers in using their contractual rights. Also in the new guide is a significantly expanded section explaining the changes to letter carriers' rights and benefits when they become fulltime regular (FTR), part-time regular (PTR) or part-time flexible (PTF). This section explains things such as layoff protection, military buyback and contractual overtime provisions. NALC members who would like a print copy will soon be able to order one through the Members Only portal on the NALC website. The Members Only portal can be accessed by visiting the website and clicking the "MEMBERS ONLY" button at the top right of the home page. The portal includes access to documents, information and programs that are intended only for the use of NALC members. It also includes an area where members can update their contact information. Letter Carrier Political Fund (LCPF) contributions, edit information in the Work Hour Tracker and more."

#### **NEW OFFICE UPDATE**

As has been reported in the MailCall over the past couple of months, the Branch has moved into a new location. While smaller than our previous office this new one is proving to be adequate for our current needs. We are in the process of making major renovations and improvements which we hope will offer the membership a true Union home to visit and be proud of as we continue to strive to better serve our membership. We hope to have all modifications and updates completed by the end of the year. If you have not had the opportunity to visit the new office, plan on attending the next General Meeting on the first Tuesday of each month. We always have refreshemnts and snacks, and it will give you an opportunity to participate and learn from the Union experience. Each meeting begins at 6:30 pm and only takes about an hour, it will be well worth your time and you might just learn something new about what is going on. Again the address is 6910 Hayvenhurst Ave, Suite 104, between Van Owen and Sherman Way. Hope to see you at the next meeting, you won't be sorry!!



Pictured above is the Podium and Front Wall of the New Branch 2462 Union Hall.



#### **ATTENTION RETIREE'S !!!**

You may be familiar with the saying "There is no such thing as a Free Lunch" While this may be true, it does not pertain to Breakfast. The Branch holds a Retiree Breakfast meeting every 4<sup>th</sup> Saturday of the Month. No Voting, just a friendly get together to talk and eat. The best thing is

#### IT IS FREE!!!

That's right, if you are a retired member in good standing of Branch 2462 your Breakfast is provided at no charge You Heard Right!

#### **FREE !!!!**

So what are you waiting for, meet with us this month.

When 4<sup>th</sup> Saturday of Every Other Month Where Denny's Restaurant, (Corner of Sherman Way & DeCelis). Time 9:00 AM

If you have trouble with transportation contact BOB JOHNSON and we will try and arrange for a ride. Come on out, you will have a great time, and the price is right!

Active Members are invited to attend also if it is your Day Off !!

## "THE MAIL CALL" **BRANCH 2462, NALC**

**Steve Seyfried, Editor** 

6910 Hayvenhurst Ave., # 104 Van Nuys, CA 91406 Address Service Requested

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### **Branch Meeting Minutes August 6, 2019**

# **Steve Seyfried, Secretary**

The Meeting was held at the Branch 2462 Union Hall 6910 Hayvenhurst Ave, Van Nuys California. It was called to order by PRESIDENT J. DOLABSON at 6:50 p.m. The Pledge of Allegiance was led by MBA Rep ROBERT ENZ

MOMENT OF SILENCE------In Memory of ALL LETTER CARRIERS WHO HAVE DIED AND IN MEMORY OF THOSE KILLED IN EL PASO & DAYTON **ROLL CALL OF OFFICERS** 

PRESENT--- J DOLABSON, BURTON. SEYFRIED, MULLINAX, JOHNSON, JEFFREY, MACARAEG, WILSON, ENZ, L. DOLABSON

**ABSENT**—DOZAL

**MINUTES ACCEPTED AS PRINTED IN MAIL CALL CORRESPONDENCE READ** 

**APPLICATION FOR MEMBERSHIP** 

MAIRA **ALCALEZ-RAMIREZ, ALEJANDRO** MELENDEZ,SAM FADDIS, KEVIN MARIN, KAYLA **BLAHUT, MICHAEL MENDEZ, DESTINY FASQUEZ, MAIRE NG KHARS** 

**BILLS READ—NONE** 

#### **COMMITTEE REPORTS**

AUDIT COMMITEE Audit was held on July 25th at 6:30 pm at the Union Office and the books were found to be in good order.

**HEALTH & SAFETY—DOZAL** Meeting on Friday Aug 9<sup>th</sup> at the Postmasters Conference Room. Be sure to stay hydrated at all times and immediately report any heat related sickness to your supervisor and Shop Steward.

**TRUSTEES** No Report

RETIREES 5 retiree's present tonight.

We had 14 attend the Breakfast at Denny's.

MDA FUND--DOZAL Currently \$1139.00 in fund HBR-L. DOLABSON Make sure in you have the Hi Option plan you go to a PPO doctor and not a HMO. Both will give you excellent care but the PPO doctor visit will be fully covered under the NALC Health Plan. Make sure if your physician orders blood work for you that you tell them to use either Lab Corp or Quest. These are the only 2 Lab's that will be covered fully by the NALC Health Plan. All members should have received their new Health Benefits Card in the mail. If you have not received yours yet, contact Larry at the Union Office.

MDA--MACARAEG We attended the MDA Summer Camp with our "Poster Child" JESUS CRUZ. Everyone had a wonderful time and the kids were extremely happy. A great experience for everyone who attended.

MBA—ENZ No Report.

FINANCIAL SEC—MULLINAX Membership Pins have come in and have been sent out to all Stations for distribution. We are down to 7 non-members in our Branch, we hope that these people will join us soon. By the end of this month we should be up to 98% organized in our Branch. We are striving to reach out to the remaining non-members and hope that they will join us soon as we continue to push for 100% membership in our Branch. Talk with your fellow Carriers, members and non-alike, and let them know how important it is that we stand united in our fight for fairness and equal respect on the workroom floor by all.

TREASURERS REPORT—JOHNSON READ MOTION—Accept the Financial Reports as read M/S/C

VICE-PRESIDENT BURTON HR 2382, which would eliminate the Pre-funding mandate that was imposed by the Bush Administration, now has 213 co-sponsors. This is only 5 short of the number needed to pass this resolution. HR 2517, which would allow the Postal Service to deliver beer and wine, currently has 37, of the needed 218 votes. PRESIDENT DOLBABSON, CSALC PRESIDENT HAROLD KELSO and myself, met with the staff at Congresswoman KATIE HILL's office to introduce ourselves and layout what our needs and wishes are for Letter Carrier and the Postal Service. They were very happy to see us and very receptive to our ideas. They expressed a desire to partner with our Branch and Letter Carriers in some upcoming events involving Veterans issues. We are looking forward to working with them. Also, 5happy to report the Rep HILL is a sponsor of both of the bills I mentioned above. If you have not, contact your Representative and thank them or ask them to sign onto these important bills effecting all Letter Carriers

PRESIDENT J. DOLABSON Report in the MailCall

#### **EXECUTIVE BOARD MINUTES READ OLD BUSINESS**

BY-LAW -- The By-Law change that was published in the MailCall was reviewed by the By-Law Committee and their recommendation was one of approval

MOTION—Accept the recommendation of the

By-Law Committee which was one of approval M/S/C

#### **NEW BUSINESS**

MOTION-Branch have BRANDEN PALMER do the lettering on the Union Office wall. Cost not to exceed \$ 100.00

M/S/C

#### **UNDERLINED INDICATES UNANAMOUS VOTE**

#### **MDA DRAWING**

- \$4 STEVE SEYFRIED—RETIREE--DONATED
- JOSE JIMENEZ—SHERMAN OAKS—DONATED \$ 3 \$ 5
- \$ 5 RAPHAEL PEREZ—PANORAMA CITY—DONATED

Meeting Adjourned 8:02 pm