

Representing the Stations of
Encino – Panorama City – Sherman Oaks – Sun Valley – Tarzana – Van Nuys Main

VOLUME 52

OCTOBER 2015

NUMBER 9

PRESIDENT'S REPORT

By JANETTE DOLABSON

CDRAAP

There has been some questions from offices regarding the volumes used on the route information cards posted at the routes and where they came from. I did some investigation to find out where those numbers came from. The possible deliveries came from the post adjustment analysis report and the volumes came from the 8 week analysis. When asked about how they used the 8 week analysis when the routes had not been adjusted yet and how it would reflect the new lower adjusted time of the routes volumes I was told they use a formula to calculate the volume transferred from the old territory and the new territory and they come up with the difference in the total volume for that territory transferred that will now reflect and adjusted volume for the new route. We tested the formula to see how close that volume would be to what we calculated the new volume on the route is since the adjustment and it was very close to what we showed it should be. It was within around 50 total pieces either way. It is not an exact number but then with volumes it is never an exact number, but an average over a certain time and it will fluctuate. This formula is calculated and the numbers are all sent to the offices and they enter them onto the route information cards.

Legislative

If you are not signed up as an e-activist please do so as soon as possible. Stay informed on what is happening in Congress that will affect your jobs and family. Go to www.NALC.org, click on Government Affairs, then on Legislative. On the Legislative page to your right there is a box that says E-Activist Network. Click on 'sign up now' button and fill out the sign up page.

If you are not currently donating to our LCPF (Letter Carrier Political Fund) please do so. This fund is used to further legislation and supports candidates that are labor friendly and for working families and support Letter Carrier issues. Go to www.NALC.org, click on Government Affairs then Political. Then click on 'How do I become a PAC member'. The easiest way to contribute is through automatic payroll deductions. You can do this by clicking on 'Through Postal Ease' and fill out the form. If you need help or have questions, please call the branch office at 1-818- 786-8505. You can also call Postal Ease and sign up by calling

1-877-477-3273. You may also make an Electronic Funds Transfer or donate through your annuity if you are retired by following the instructions on the same page of the NALC website.
USPS

The Postal Service has sent out a list of office that are receiving Custom Reflective Vests to all Districts. Burbank will be receiving 22 vests. Those vests will be split between the zones there including Sun Valley. Tarzana is getting 4 vests and Van Nuys will be splitting up 17 vests between all of their offices. These vests should be worn by carriers delivering in the early mornings before its light and late in the evening when it's dark or when it is deemed necessary for safety reasons. Selected 3rd Quarter Results of Operations compared to same period last year for the Postal Service were: Total mail volume of 36.8 billion pieces a decrease by 738 million pieces from 37.5 billion. Shipping and Package volume increased 13.4%. First Class mail decreased by 2.6% and Standard mail decreased 2.1%. Operational revenue increased slightly but expenses decreased by 7.2%.

(Continued on Page 3)

BRANCH 2462 RETIREE LUNCHEON

SUNDAY AFTERNOON

OCTOBER 4, 2015

MONTEREY AT ENCINO

(FORMALLY ENCINO GLEN RESTAURANT)

16821 Burbank Blvd. Encino, California

Doors Open 1:00 PM

LUNCH at 2:00 PM

Price is \$ 5.00

Retiree's and Active Carriers are Welcome

For Further Information Contact

BOB JOHNSON (818) 786-8505

"The MailCall" is published monthly by "Heart of the Valley Branch 2462, NALC, 6910 Hayvenhurst Ave., Suite 101, Van Nuys, CA 91406 in the interest of and for the Letter Carriers of the Van Nuys Post Office and its Stations. **ARTICLES FOR PUBLICATION MUST BE IN THE HANDS OF THE EDITOR ON NIGHT OF THE REGULAR BRANCH MEETING. ALL ARTICLES MUST BE TYPED OR ON COMPUTER DISK WITH SINGLE LINE SPACING.** The Editor reserves the right to delete any article he deems necessary, improper, or unfit. All opinions expressed are those of the writer and are not necessarily those of the Editor or Branch 2462, NALC. The views expressed in this document are those of the author and do not necessarily represent the official views of the U.S. Postal Service. In the hopes that any material contained herein may be of benefit to your Branch and to the goals of the NALC, permission is granted to copy and/or use any material in this publication with our best wishes.

Vice President's Report

By
Tracy Mullinax

CONVERSION FROM A CCA TO A CAREER, REGULAR LETTER CARRIER

Congratulations to the 9 CCA's who were converted to regular status on August 22nd, 2015. All of you have been laboring 6-7 days and up to 60 hours a week for many months if not years. Your relief has finally arrived. Depending on what interim list you sign up for till September 30th (max list, own-assignment list or no over time list) you will have to re-sign up between September 15-30th for the Oct. 1st-Dec 31st quarter. If you do not sign the master list in your office during this 2 week window, you will be on the no over time list until sign-ups go around again in December.

As of August 22nd, you will have 60 days to choose which health plan to join and only once a year you will be able to change plans during open season in Nov-Dec timeframe.

ATTENDANCE CHART BRANCH MEETINGS

| MONTH | J | F | M | A | M | J | J | A | S | O | N |
|---------------|----|----|----|----|----|----|----|----|----|---|---|
| MAIN OFFICE | 6 | 6 | 2 | 2 | 5 | 1 | 5 | 6 | 6 | | |
| ENCINO | 3 | 5 | 5 | 4 | 4 | 4 | 4 | 3 | 4 | | |
| PANORAMA CITY | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 4 | 4 | | |
| SHERMAN OAKS | 7 | 4 | 5 | 6 | 4 | 6 | 5 | 4 | 6 | | |
| SUN VALLEY | 2 | 3 | 2 | 1 | 2 | 2 | 1 | 2 | 2 | | |
| TARZANA | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 2 | 3 | | |
| RETIREE'S | 4 | 8 | 6 | 4 | 4 | 6 | 6 | 4 | 5 | | |
| TOTAL | 27 | 31 | 25 | 21 | 25 | 24 | 26 | 25 | 30 | | |

MEETING PLACE OF BRANCH 2462, NALC
6910 HAYVENHURST AVE., SUITE 101
VAN NUYS, CALIFORNIA

NEXT MEETING
6:30 PM

OCTOBER
6th
"2015"

DEADLINE DATE FOR THE NEXT
ISSUE OF "THE MAIL CALL" IS

Oct 6, 2015

WEB PAGE.... WWW.NALCBRANCH2462.ORG
BRANCH OFFICE.....818-786-8505
O P C PERSONNEL OFFICE.....818-374-5600
E-Mail.....Branch2462nalc@gmail.com

"RETIREE CORNER"

ATTENTION: !!!!

Our Breakfast Meeting will be held at Denny's Restaurant, (Corner of Sherman Way & DeCelis). It will begin at 09:00 AM. The next 2 dates will be September 26th & October 24, 2015 (4th Saturday) So, please mark your calendar.....We hope to see you there.

Thank You
Frank Brash

CCA Benefits

- 1) a job
- 2) 6-7 days a week
- 3) up to 60 hours a week
- 4) no bidding rights
- 5) no pension
- 6) no TSP 401k matching plan
- 7) no life insurance
- 8) 4 hr work guarantee
- 9) little leave minimum medical
- 10) no guaranteed raises

Regular (Career) Benefits

- 1) a career
- 2) 8 hr day/40 hr week guarantee
- 3) great medical plan
- 4) bidding rights (4 offices)
- 5) pension plan
- 6) TSP 401k matching plan
- 7) life insurance
- 8) Earned Annual Leave (after 60 days)
- 9) Earned (accumulated sick leave)
- 10) up to 4 raises each year (per contract)

On August 22nd, 2015, all converted CCA's will receive a bump up in pay to \$17.53 an hour for regulars and \$17.90 for those going into a T-6 Position Your yearly base salary will be \$36,406 and \$37,220 for a T-6 plus any overtime and penalty worked. You will not only receive a 4 and 1/2% raise each year for next 12 years, but you will also receive a 1% raise on November 14th of this year plus 2 cost of living increases each year going forward as long as our contract calls for it. For those of you CCA's who have not yet been converted, your day will come. Remember to stay gainfully employed and work in a safe manner and you, too, will be able to enjoy the benefits that this great union has been able to negotiate for us through collective bargaining since 1970. If you have any questions, this union is here for you. Just contact your shop-steward or us here at the union office.

In Unionism



PRESIDENT'S REPORT

(Continued from Page 1)

Fun Facts:

The Highest elevation Post Office is in Alma, Co at 10,578 feet above sea level and the lowest is in Death Valley at 282 feet below sea level. Death Valley is also the hottest and driest place we have a Post office and Barrow Alaska is the coldest. Mt. Waialeale near the Papaa Post Office in Hawaii is the wettest.

Did You Know?

The Postal Service processes and delivers 512.8 million mail pieces a day, 21.3 million an hour, 356,301 a minute and about 5,535 a second . They made \$223.7 million in revenue and paid \$151.8 million in employee salaries and benefits. Thanks, in part, to union contracts.
Picnic

We hope to see you all at the picnic on Oct,11, 2015. Retirees please call the union office and let us know you want to come and who you are bringing and we will give you the pricing. We will mail you the tickets so you will be able to enter without charge or we will make arrangements for you to pick them up at the union office. Same goes for CCA's. If you find that you are able to go that Sunday and want to come we will get you your tickets either by your shop steward or pick them up at the office. You will need a ticket to get in the gate.

On the Job Injury

Here is a very quick summary of steps you need to take if you are injured on the job.

1. Notify your Supervisor/Station Manager- immediately notify them. Request Form CA-1, Form CA-16, and CA-17.
2. CA-1 Federal Employee's Notice of Traumatic Injury and Claim for Continuation of Pay/Compensation. Ask for this even if you do not require immediate medical attention. Fill this out yourself. Do not have the supervisor fill it out for you. Check the box at the bottom for COP (continuation of Pay) or sick leave. If you elect COP you will be paid your regular pay for 45 calendar days after the first 3 days (you will have to use sick leave or annual leave or LWOP for the first 3 days). If your absence is over 14 days, ask the Postal Service to convert your 3 days of SL, annual or LWOP to COP. You must supply medical documentation of your injury, signed by a doctor within 10 days to qualify for COP. After you have filled out the CA-1 give it to your Supervisor, do not leave it on their desk. Have them give you the signed receipt immediately. This will be your recorded date of claim and injury.
3. Form CA-16 , Authorization for Examination and/or treatment. (must be provided within 4 hours of request). This form authorizes payment for medical treatment and provides the initial report. Make sure the Postal Services portion is filled out properly with correct dates and signed with the address for OWCP. This is a payment voucher for medical treatment for on the job injuries. You can see the doctor you choose. You have the right to see your own doctor. If the Postal Service insists you to their own doctor then you may be seen by them but you do not have to be treated by them.

4. CA-17- Duty Status Report. Provide your doctor a copy of your CA-17. Make a copy of the completed CA-17

after your doctor has filled it out and give one to your Supervisor. Follow your doctors restrictions. Take a CA-17 to every doctor's appointment and have them update your restrictions and provide a copy to your Supervisor until you are released with no restrictions. The Postal Service is required to provide you available work within your restrictions of it is available. All your medical reports must be sent to OWPC directly, not to the Postal Service.

Next month I will cover Managing your claims.

TIRED OF NOT
KNOWING WHAT'S GOING ON ???
SICK OF LISTENING TO YOUR CASE
NEIGHBOR GOSSIP ABOUT THE
POSTAL SERVICE !!!!!



ATTENTION BOWLERS

SUNDAY

NOVEMBER 1, 2015

Branch 2462 is having a Bowl-a-Thon
To Fight Against

MUSCULAR DYSTROPHY

THERE WILL BE SIGN UP SHEETS IN
ALL OFFICES

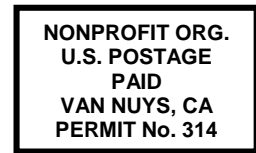
PLAN ON BEING AT MATADOR BOWL
CORNER OF BALBOA & NORDOFF

11 AM

THERE WILL BE FREE FOOD & A GREAT
CHANCE TO RAISE SOME MONEY FOR A
GREAT CAUSE

"THE MAIL CALL" BRANCH 2462, NALC

Steve Seyfried, Editor
6910 Hayvenhurst Ave., # 101
Van Nuys, CA 91406



Address Service Requested

Branch Meeting Minutes September 1, 2015

By
Steve Seyfried, Secretary

The Meeting was held at the Branch 2462 Union Hall 6910 Hayvenhurst Ave, Van Nuys California. It was called to order by PRESIDENT J. DOLABSON at 6:38 p.m. The Pledge of Allegiance was led by Sgt-at-Arms RAUL DOZAL

MOMENT OF SILENCE-----In Memory of All Members who have passed this year.

ROLL CALL OF OFFICERS

PRESENT--- J. DOLABSON, SEYFRIED, JOHNSON, WILSON, BURTON, JEFFREY, DOZAL, L. DOLABSON

ABSENT—MULLINAX, ENZ

MINUTES ACCEPTED AS PRINTED IN MAIL CALL

CORRESPONDENCE READ

APPLICATION FOR MEMBERSHIP

RABIH SLIM, MICHAEL RODRIGUEZ, IBRAHIM FAROQ, STEVEN ARAUJO, WILLIAM FLETCHER, ANA GUZMAN, HARALAMOS

KIOUROUKTSIDIS

BILLS READ—NONE

COMMITTEE REPORTS

AUDIT COMMITTEE

No Report

HEALTH & SAFETY

There will be a meeting on

Thursday September 3, 2015. Safety teams are blitzing Van Nuys Stations looking for safety violations, be aware !

TRUSTEES

No Report

RETIREES

5 retiree's present tonight.

14 attended the last Breakfast. This years Retiree Luncheon will be held on Sunday October 4th. at Encino Glen. Watch for upcoming specifics in future Mailcall's.

MDA FUND--DOZAL

Currently \$1803.00 in fund

HBR—L. DOLABSON

If you are a CCA who has

recently made Regular, you have 60 days to sign up for a Health Plan. Be sure to wear sunscreen and drink plenty of water during these hot days. If you have any questions contact Larry through the Union Office.

MDA--ANGER

Bowl-a-thon will be held on

November 1st. at 11 am. at the Matador Bowl. Minimum donation to bowl is \$ 25.00. Watch for further info.

MBA—ENZ

No Report

EDITOR--SEYFRIED

No Report

FINANCIAL/TREASURERS REPORT—JOHNSON

MOTION—Accept Financial reports as read

M/S/C

VICE-PRESIDENT MULLINAX

No Report

PRESIDENT J. DOLABSON

Gave her report which will

be published in the MailCall

EXECUTIVE BOARD MINUTES READ

OLD BUSINESS--NONE

NEW BUSINESS

MOTION--Branch renew/purchase liability

insurance policy for the Branch Office.

Cost not to exceed \$ 1000.00

M/S/C

MOTION--Branch purchase 15 Retiree Pins and 25 Membership pins. Cost not to

exceed \$ 200.00

M/S/C

MOTION--Branch purchase a shredder

Cost not to exceed \$ 200.00

M/S/C

UNDERLINED INDICATES UNANAMOUS VOTE

GOOD OF THE ASSOCIATION

New member ANA GUZMAN was sworn in by Secretary SEYFRIED. We welcome ANA and all the new members of the Branch and invite you all to start attending the Meetings on the first Tuesday of each month. The nominees for this years RAY KREYER AWARD are ROGER ASKEW, PAUL JEFFREY & ROBERT JOHNSON. The winner will be announced at the Retiree Luncheon on Sunday October 4th. Congratulations to the nominees on being considered for the Branch's highest award.

MDA DRAWING

\$ 5 BETTY LOW--PANORAMA CITY--DONATED \$ 2

\$ 5 STEVE SEYFRIED--SHERMAN OAKS--DONATED \$

2

\$ 11 JAMES WEBER--MAIN OFFICE--DONATED \$ 5

Meeting Adjourned 7:36 PM

ATTENTION RETIREE'S !!!

You may be familiar with the saying "There is no such thing as a Free Lunch" While this may be true, it does not pertain to Breakfast. The Branch holds a Retiree Breakfast meeting every 4th Saturday of the Month. No Voting, just a friendly get together to talk and eat. The best thing is IT IS FREE !!!

That's right, if you are a retired member in good standing of Branch 2462 your Breakfast is provided at no charge

You Heard Right !

FREE !!!!

So what are you waiting for, meet with us this month.

When 4th Saturday of Every Month

Where Denny's Restaurant,
(Corner of Sherman Way & DeCielis).

Time 9:00 AM

Active Members are invited to attend also if it is your Day Off !!