# PRESIDENT'S REPORT By Calvin Brookins

There is an agreement between the Manager of Labor Relation at the Pacific Area level and our National Business Agent Manny Peralta on the subject of Administrative leave, and those carriers who were unable to get to work during the wildfires. I have sent a copy of that agreement to all shop stewards, if you were unable to report to work because of the wildfires see your shop steward or call the union office.

The official summary of the voting for the 2006-2011 National Agreement has arrived and it shows that there were 410 ballots mailed out to members of our branch, 218 of those ballots were returned with an acceptance of the new contract and zero rejected. Which means that there were 192 letter carriers that did not bother to vote? So I guess those individuals have no problem allowing others to make decisions on their behalf.

Speaking of our new National Agreement, back pay for active carriers related to the 1.4% general wages increase, covering the period between November 25, 2006, and the end of pay period 20 September 28, 2007, will be paid in regular paychecks on November 30, 2007.

It has also been announced that the additional allotment for payroll deductions agreed to in the new contract will become available in pay period 24 (November 10-23). The third allotment should make it easier for carriers to make payroll contributions to COLCPE and boost the NALC's "Gimme 5" campaign.

The CSALC is now accepting applications for the 2008 Saxsenmeier Scholarship program from the parents of high school seniors. All applications must be sent to the scholarship committee chair by January 12, 2008. I have sent blank applications to the stewards of each office.

Ray Kreyer award - I would like to offer my congratulations to past President Roger Askew on becoming only one of three individuals to be awarded the Ray Kreyer Award on two different occasions. I would also like to congratulate Jeff Jackson shop steward at the Panorama City

station for being the first recipient of the Harry Brenneman Award. That award is presented to the shop steward that has gone above and beyond their duties of shop steward over the past year.

We have completed local negotiations with all three Installations as soon as the books are ready we will distribute them to all members. I am busy right now attempting to get all of the changes written and the appropriate signatures in place. I will write additional comments in regards to local negotiation in next month MailCall.

I would like to thank Vice President Art Bocek for another successful picnic. I believe everyone enjoyed themselves at the race track, I am already hearing from carriers who want to go back next year.

I would also like thank Steve, Janette, Bob, Tracy, Larry, Jeff and Sandy for all of their help. I would like thank all of whom participated and purchased tickets in the COLCPE and MDA drawings we collected \$400.00 for COLCPE and \$425.00 for MDA.

I would like to take the time to remember those who served and those who are now serving in the branches of our military on this up coming Veterans Day. To every member of Branch 2462 who have served in the military I would like to personally thank you all for your service to this great country of our. We all take the freedom that we enjoy in the United States for granted, but if not for all who have served in the past as well as those who are now serving we would not enjoy such freedom. Remember it is not just another great country it is the greatest country in this world and we owe a large part of that to our men and women who have sacrifice on our behalf. THANK YOU FOR SERVING.

I would like to also wish every member and their families a Happy Thanksgiving and please be safe as you all enjoy this holiday. Remember we all have a lot to thankful for.

## SPECIAL NOTICE

THE DECEMBER REGULAR BRANCH MEETING HAS BEEN CANCELED. NEXT BRANCH MEETING IS JANUARY 8, 2008.

"The MailCall" is published monthly by "Heart of the Valley Branch 2462, NALC, 6910 Hayvenhurst Ave., Suite 101, Van Nuys, CA 91406 in the interest of and for the Letter Carriers of the Van Nuys Post Office and its Stations. ARTICLES FOR PUBLICATION MUST BE IN THE HANDS OF THE EDITOR ON NIGHT OF THE REGULAR BRANCH MEETING. ALL ARTICLES MUST BE TYPED OR ON COMPUTER DISK WITH SINGLE LINE SPACING. The Editor reserves the right to delete any article he deem s necessary, improper, or unfit. All opinions expressed are those of the writer and are not necessarily those of the Editor or Branch 2462, NALC. The views expressed in this document are those of the author and do not necessarily represent the official views of the U.S. Postal Service In the hopes that any material contained herein may be of benefit to your Branch and to the goals of the NALC, permission is granted to copy and/or use any material in this publication with our best wishes.

# ATTENDANCE CHART BRANCH MEETINGS

MONTH	J	F	М	Α	М	J.	J A	A S	0	Ν	
MAIN OFFICE	1	1	1	1	1	0	1	2	1	1	3
ENCINO	5	6	5	5	5	6	4	5	6	6	6
CIVIC CENTER	0	1	1	1	1	1	1	2	1	1	1
PANORAMA CITY	1	10	6	3	10	3	3	7	3	3	2
SHERMAN OAKS	3	9	5	3	6	4	5	6	5	6	5
SUN VALLEY	1	1	1	1	1	1	1	1	1	1	0
TARZANA	1	2	3	2	2	2	1	4	1	2	1
RETIREE'S	4	5	4	4	2	5	7	6	6	6	6

**TOTAL** 

16 35 26 20 28 22 23 33 24 26 24

MEETING PLACE OF BRANCH 2462, NALC 6910 HAYVENHURST AVE., SUITE 101 VAN NUYS, CALIFORNIA

NEXT MEETING \*\*\*6:30 PM\*\*\*

# JANUARY 8th "2008"

DEADLINE DATE FOR THE NEXT ISSUE OF "THE MAIL CALL" IS

Jan 8, 2008

BRANCH OFFICE......818-786-8505 O P C PERSONNEL OFFICE....818-374-5600 E-Mail.....NALCBRANCH2462@sbcglobal.net

# "RETIREE CORNER"

Our Free Breakfast Meeting will be held at Denny's Restaurant , Corner of De Celis and Sherman Way. It will begin at 09:00 AM. The next date will be December 22<sup>nd</sup>. (4th Saturday) We hope to see you there.

Thank You

Frank Rrach

VICE PRESIDENT'S REPORT

## **ART BOCEK**

Santa Anita "Day at the Races" Picnic

First, I want to thank my family for their support while I worked on this year's picnic. Secondly, I wish to thank all of the executive board members that assisted this branch in this year's picnic. Well, by now you probably have heard or saw for yourself that this year's picnic at "Santa Anita Race Track was a great success. The carnival games, Ferris wheel, train ride and other amusement rides were there for all to enjoy. By all accounts the food was excellent and enjoyed by everyone. There were plenty of bingo games for those who are less fortunate in the feeding of the "ponies" not mention the COLCPE and MDA drawings. In the beginning I was a bit skeptical about the picnic at Santa Anita, but not anymore. Just a little note, the branch has been contacted by "Magic Mountain" and it looks like they are very willing to work with us and our budget regarding next year's picnic.

Facts of an Injury

Once the issues of "time" and "civil employee" have been shown to be accurate and true, it must be established whether the employee *in fact sustained an injury or disease*. There are two factors involved in this determination:

- A. <u>Occurrence of Event.</u> Whether the employee actually experienced the accident, event, or employment factor which is alleged to have occurred. This is resolved on the basis of factual evidence, including statements from the employee, the supervisor, and any witnesses. An injury need not be witnessed to be compensable. A supervisor who believes, however, that the employee's testimony is contrary to the facts should supply pertinent information to support
- B. <u>Existence of Medical Condition</u>. Whether the accident or employment factor resulted in an injury or disease. This is determined on the basis of the attending physician's statement that a medical condition is present that could be related to the incident, though the medical report need not relate the condition to the incident. Simple exposure, for instance to a contagious condition or dusty environment, does not constitute an injury.

Timely Notices to OWCP

Once an employee completes a Form CA-1 or Form CA-2, and gives the completed form to a supervisor, management has the responsibility to submit the form to OWCP in a "timely manner." After receiving a completed form from an employee, the Postal Service must comply with the following regulations:

{20 CFR 10.102(a)} the completed form (CA-1 or CA-2) is to be submitted within 10 working days to OWCP. When a CA-7 is received from an employee, under {20 CFR 10.106} the completed form is to be submitted to OWCP no later than 5 days from the date of receipt.

(Continued on Page 3)

# "OPEN SEASON" CHECK OUT THE NEW NALC HEALTH PLAN

by Janette Dolabson, HBR

#### MISPRINT !!!!!!!

Health benefit Open Season guides have misprint: The official guides about Open Season for health benefits have incorrect information regarding the NALC Health Benefit Plan. In the "Medical Surgical-You Pay" table under the category of Prescription Drugs Mail Order Discounts, it erroneously states "NO" under the NALC heading. It should say "YES." For 2008, the NALC Health Benefit Plan has not changed any prescription drug benefits. The Plan continues to have mail order benefits.

Health Benefit Open Season - ENROLL NOW NOVEMBER 12<sup>TH</sup> -DECEMBER 10<sup>TH</sup>

By the time you get this it will be nearly the end of open season for the Postal Service health benefits options. If you are not a member of the NALC Health Benefit Plan you really need to rethink your Health plan choice. It's now time to join this exceptional plan. It's a PPO it's geared towards Letter Carriers and their health issues. It is owned run and supported by letter carriers and eventually it will be the Health Plan of all letter carriers. Why wait for the inevitable. It's the best plan available to us and it is only getting better. You need to support your union run plan. Here are some of the reasons why you should take a closer look at this plan.

- We are now part of the Cigna provider network. That means we will have a much larger number of in network Doctors, Hospitals and other health professional services, including Dental, with the Cigna Plus Savings plan you will have access to their discount on Dental Services. You will have discounts on vision services also. The Dental will be a separate monthly charge and is not an insurance plan but a discount service of around 30-35% off dental and costs around 5 dollars a month for your premium. The vision is included in your health coverage.
- 2. The NALC Health Benefit Plan now covers **FOOT ORTHOTICS.** How many other plans cover foot Orthotics? I don't think any.
- 3. Routine health screening for diabetes and HIV.
- Adult Immunizations for Herpes Zoster (shingles) (60and older), Human Papilloma virus (26 and younger), Measles, Mumps, and Rubella (19-49).
- 5. New Born hearing tests
- 6. Chiropractic initial visit now only \$20.00 in Network.
- Smoking Cessation. If you want to quit smoking it is now covered under the plan thru programs and replacement therapy.
- Anesthesia is 100% covered for newborns and for services you receive at an in Network Physician and Hospital.

- Inpatient Hospitalization You will no longer have any out of pocket cost for room and board during a covered inpatient stay at a PPO Hospital or facility.
- Surgical Procedures- You will no longer have to meet your deductible when you have surgical services by a PPO provider.

These are just a few of the changes to the plan this year. I urge anyone that is not already in the NALC Health Plan to take a good look at it and make a better decision for the health care of your family and your union and join the plan today. Cost for the Health plan is \$34.62 for self and \$59.12 for family. Thanks for your time and consideration.

# Vice President's Report

(Continued from Page 2)

When you file Form CA-1 or CA-2, at the bottom of the form is an area whereby the receiving supervisor is to give back to the employee a signed and date portion of the form. From the date of receipt, management's time limits start. You MUST get the signed receipt from the supervisor. Also, you need to photocopy the claim form in order to protect oneself from either misplaced, lost, or noncompliance of submission of your claim to OWCP by management.

If you do not receive a postcard receipt from OWCP indicating that they have received your claim for compensation within 30 days, you need to contact either your steward or the union office and ask for assistance in determining as to why you have not received a receipt of your claim by OWCP. Ten (10) days after submitting your claim to your supervisor, you should call the Injury Compensation Office and find out if your claim form was received from your supervisor and the date Injury Compensation Office sent your claim form to OWCP. If the Injury. Compensation Specialist indicates they have not received your claim form, either call the union office or request to see your steward for assistance as soon as possible.

If management for any reason fails to submit your claim or any claim form in a "timely manner," therefore, violating your rights, you need to stand up for your rights and let your voice be heard by other agencies other than the Postal Service in filing either or both a grievance or an EEO Complaint under Federal Employee Compensation Act (FECA) and Code of Federal Regulations (CFR's.)

"Justice Delayed is Justice Denied."



# "THE MAIL CALL" BRANCH 2462, NALC

Steve Seyfried, Editor 6910 Hayvenhurst Ave., # 101 Van Nuys, CA 91406

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M/S/C

## Branch Meeting Minutes November 6 2007

By Steve Seyfried, Secretary

The Meeting was held at the Branch 2462 Union Hall 6910 Hayvenhurst Ave, Van Nuys California. It was called to order by PRESIDENT BROOKINS at 6:30 p.m. The Pledge of Allegiance was led by SGT-AT-ARMS ROGER ASKEW

MOMENT OF SILENCE———In Memory of all Veteran's who have given their lives in the service of the country, and the Letter Carrier in Louisiana who was shot while on duty, October 4<sup>th</sup>.

**ROLL CALL OF OFFICERS** 

**PRESENT-**-- BROOKINS, BOCEK, SEYFRIED, JOHNSON, MULLINAX, JACKSON, L. DOLABSON, ASKEW,

J. DOLABSON, ENZ

**ABSENT**—NONE

MINUTES ACCEPTED AS PRINTED IN MAIL CALL

**CORRESPONDENCE READ** 

**APPLICATION FOR MEMBERSHIP** 

CELIA RODRIGUEZ, MIKE MARTINEZ, ANEYDA

HERNANDEZ, JORDAY PLACENSIA

BILLS READ—MOTION TO PAY M/S/C

**COMMITTEE REPORTS** 

TRUSTEES No Report

SAFETY & HEALTH Holiday season is

approaching take special care and drive defensively.

RETIREES 6 retiree's present tonight. Date annual Retiree Luncheon was great success. Came in about \$ 350.00 under budget. Final report will be submitted by

the end of the month.

MBA--ENZ Still updating.

HBR--J DOLABSON Open Season will be from November 12, 2007 through December 10, 2007. There will be an article in the MailCall detailing the new changes and costs for the NALC Health Plan.

COLCPE \$ 1079 currently

in the fund

FINANCIAL/TREASURERS REPORT—JOHNSON

MOTION—Accept Financial reports as read VICE-PRESIDENT BOCEK Picnic was great success, looks like we were \$ 1.95 over budget, final report will be submitted by end of the month.

PRESIDENT BROOKIN Gave his report on latest important items which he will cover in his article in the MailCall.

**OLD BUSINESS-NONE** 

**EXECUTIVE BOARD MINUTES READ** 

#### **NEW BUSINESS**

MOTION—Branch cancel the December Regular Meeting

M/S/C

MOTION—Branch change the January Regular Meeting from Tuesday January 1<sup>st</sup>. to Tuesday

January 8, 2008

M/S/C

MOTION—Branch have a Holiday Open House,

Date, time and place to be announced at later date. M/S/C

MOTION—Branch send any Executive Board member All Shop Stewards and Alternates to the State Assoc.

Training classes on Nov. 30<sup>th</sup>. & Dec. 1<sup>st</sup>. Those who

Attend will receive \$ 225.00 per day for all expenses. M/S/C MOTION—Branch empower the Executive Board to

conduct any and all business of the Branch from

November 7, 2007 through January 8, 2008. MOTION—Branch purchase any Members ticket who attends the Congressional Breakfast on Sun.

Dec. 2<sup>nd</sup>. You must notify the Branch office no later

than Nov. 6<sup>th</sup> if you wish to attend. M/S/C

MOTION—Branch donate \$ 50.00 to the Van Nuys

Salvation Army for Thanksgiving M/S/C

MOTION—Branch donate \$ 50.00 to the Van Nuys

Salvation Army for Christmas.

M/S/C

MOTION—Branch donate \$ 50.00 to Mend M/S/C

MOTION—Branch donate \$ 50.00 to North

Valley Caring Services.

M/S/C

#### UNDERLINED = UNANOMOUS VOTE

### GOOD OF THE ASSOCIATION

Congratulations to ROGER ASKEW on winning the RAY KREYER AWARD for a second time. Congratulations to Panorama Shop Steward JEFF JACKSON on winning the first HARRY BRENNEMAN AWARD, the highest award for Shop Stewards. VETERAN'S JAMES TUKESBREY, GINO DEGLINNOCENTI, RICHARD REIMER, FRANK BRASH & ROGER ASKEW were honored for their service to the country. A special video presentation was made in honor of Veteran's Day.

#### **COLCPE DRAWING**

- \$ 5 TED DeMAIRE--RETIREE
- \$ 5 ART BOCEK—ENCINO--DONATED
- \$ 5 RAY MOLA—ENCINO
- \$ 14 STEVE SEYFRIED—SHERMAN OAKS--DONATED

**MEETING ADJOURNED 8:15 PM**