

THE MAIL CALL



PRESIDENT'S
REPORT

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Van Nuys, CA

By Roger Askew

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FOOD DRIVE

The nationwide Food Drive is close at hand. Saturday, May 10th has been set aside for this effort. By the time you read this article the actual day for the food drive will be two weeks away. Please help with what ever you can do. Each station has been assigned a Food Drive coordinator and they will be having stand-ups to keep you informed. Hopefully we will be able to surpass last years total.

BRANCH NOMINATIONS

At last months meeting nominations were held for branch officers. The election will be held on May 27th, 28th, 29th and 30th. I have appointed Steve Seyfried from the Sherman Oaks station as Election Chairperson who will appoint the Election Committee at each station. Research who the candidates are and vote for the one who best represents your views. Cast your ballot from the individuals who you feel can perform the duties of the office they are seeking. But most of all please vote. Elsewhere in this issue of the Mail-Call, candidates have submitted articles about themselves.

INSTALLATION DINNER

The installation of officers is scheduled to take place on Friday June 20th, 1997. It will be held at the Encino Glen Restaurant located on Burbank Blvd. Over the last two years we have held a number of events at this location and each time we have been given great a reception. Mark your calendar for this special evening.

NATIONAL RAP SESSION

On Sunday April 6, 1997 over 1100 letter carriers gathered in Chicago for the Bi-Annual Rap Session. The event took place from 9:00 am till approximately 2:00 in the afternoon. President Sombrotto addressed many issues at this conference that will effect our jobs.

As I made reference to last month I was especially interested in three items.

Item number one had to deal with the legislative arena. H.R. 22 (House Resolution), would change the Postal Reorganization Act of 1970. Although this legislation would address some issues I feel are vital (i.e. labor management areas and the excessive amount of grievances) I am opposed to this resolution. This resolution would open up the Private Express Statues that we have at the present time. Any proposed change that would allow private industry into the market that the postal service now has would have an adverse effect our jobs.

Of additional concern in the legislative area is an amendment that would change the C.P.I. (Cost of Living

Index) and how it is calculated. If this were to pass we could be seeing less and less in our contractual cost of living adjustments that are provided for us under the national agreement.

The second issue that was of importance to me is the issues of the back log of grievances that are pending in the system. It seems to me that all this is an effort by the postal service to create a back log of grievances that clog up the system. Of note in this matter is that at the present time a resolution has been placed in front of a Congressional panel that hopefully will expedite the matter. As soon as this report is published I will be letting you know.

The third issue was the area of the missing funds. I talked to three national officers and each one of them assured me that measures have been placed into effect that would not allow this to happen again. The individual that caused the problems has been found guilty in a Maryland court of law and steps are being taken to secure the accounts of this individual and return some of the funds.

(Continued on Page 3)

NOTICE OF BRANCH 2462 ELECTION

The election will be conducted by secret ballot at all Carrier stations on May 27, 28, 29, 30 1997. the Election shall be conducted in accordance with the rules and regulations adopted and promulgated by the Executive Board of Branch 2462, NALC, which shall not be in violation of the rules and regulations adopted and promulgated by the Rules of the National Executive Council. Retiree's will receive their ballots by 1st class mail no later than May 9, 1997. Any member who, for any reason, will be unable to vote at the Stations, or has not received their ballot, may obtain an absentee ballot by writing to the Election Committee, Branch 2462, NALC, 6910 Hayvenhurst Ave., Suite #101, Van Nuys, California, 91406 or by calling (818) 786-8505. Requests for absentee ballots must be received by the Election Committee no later than May 9, 1997, Absentee ballots must be returned to the Election Committee no later than 5:00 PM on May 30, 1997. write-in votes are not permitted. The counting of the ballots will take place on Friday, May 30, 1997 beginning at 6:00 PM, at the Branch Meeting hall, 6910 Hayvenhurst Ave., #101 Van Nuys, CA. All candidates and members may observe the counting.

"The MailCall" is published monthly by "Heart of the Valley Branch 2462, NALC, 6910 Hayvenhurst Ave., Suite 101, Van Nuys, CA 91406 in the interest of and for the Letter Carriers of the Van Nuys Post Office and its Stations. ARTICLES FOR PUBLICATION MUST BE IN THE HANDS OF THE EDITOR ON THE 21ST DAY BEFORE THE REGULAR BRANCH MEETING. ALL ARTICLES MUST BE TYPED OR ON COMPUTER DISK WITH SINGLE LINE SPACING. The Editor reserves the right to delete any article he deems necessary, improper, or unfit. All opinions expressed are those of the writer and are not necessarily those of the Editor or Branch 2462, NALC. The views expressed in this document are those of the author and do not necessarily represent the official views of the U.S. Postal Service. In the hopes that any material contained herein may be of benefit to your Branch and the goals of the NALC, permission is granted to copy and/or use any material in this publication with our best wishes.

Letter to the Editor:

As you know, I have recently made application to join the NALC as this is what I believe should happen when a worker is represented by a specific craft. I am also currently a member of the APWU and have been working on the big excessing case for the total SDM craft in Van Nuys.

I have recently been notified that the NALC has notified Postal Management of the Union's intent to intervene with the case of APWU for the SDM craft. As I understand this, it will mean the case going before the arbitrator will be convoluted by the NALC with an issue of jurisdiction. The issue in our case deals solely with the duties that we have been performing that have never been questioned by the NALC until this late date. There were no grievance filed by the NALC up to now to fight for jurisdiction. The Special Delivery Messengers have delivered all Express Mail arriving after the Eagle trip which is 8:30 am and all Express Mail on Sunday and holidays. We in the APWU and the NALC have had a good rapport up to this point.

If the NALC is intending to intervene, I as well as many of the other SDMs that were excessed, would like to know from the NALC where we fit into this picture for a jurisdictional dispute. If the NALC is willing to take on all the SDMs as part of their own, what rights and benefits are we to expect? Does anybody care about all our years of service? Does NALC have any plans to negotiate jobs for the excessed Messengers? This action by the NALC does leave many Ex-Messengers with bad feelings about what the Union really is trying to do. We certainly hope we are not pawns between two big Unions.

As a member of the NALC, I would like to know what the Union is trying to achieve by intervening. I do not want to think the NALC is joining with Postal Management to lay damage to the case the APWU has filed for the SDMS. The APWU case is not asking for any duties other than those that Messengers have been doing for years.

I realize that you may feel pressured at this time to show battle action to the membership of the branch, but I certainly hope your word has been honest during our past discussions. I remember when you told me that yes you want the extra work and members in the Carrier craft but not under these terms of excessing. You even admitted that the SDMs were not treated fairly. I only hope you still can understand the wrong done to the Messengers and agree not to add to this agony.

As always,
Yoggi Riley

ATTENDANCE CHART BRANCH MEETINGS

MONTH	J	F	M	A	M	J	J	A	S	O	N	D
ANNEX III	8	7	6	8								
ENCINO	6	6	4	7								
CIVIC CENTER	2	2	3	1								
PANORAMA CITY	2	1	3	1								
SHERMAN OAKS	9	8	9	10								
SUN VALLEY	0	2	2	3								
TARZANA	1	1	1	1								
RETIREE'S	6	7	7	6								
TOTAL	34	35	35	37								

MEETING PLACE OF BRANCH 2462, NALC
6910 HAYVENHURST AVE., SUITE 101
VAN NUYS, CALIFORNIA

NEXT MEETING
****5:30 PM****

MAY 6th
1997

DEADLINE DATE FOR THE NEXT
ISSUE OF "THE MAIL CALL" IS

May 13 th

BRANCH OFFICE.....818-786-8505
SICK CALL
FRANK RIMKUS..... 818-892-7118

"RETIREE CORNER"

Our monthly fourth (4th) Saturday Breakfast Meeting will be held at Carrow's Restaurant (Roscoe & Tobias) at 09:00 am in Panorama City. The date will be **May 24, 1997** Please mark your calendar's and we hope to see you there. Regular Carriers are also welcome, if it is your day off.

Thanks

Frank Rimkus

MINUTES OF APRIL MEETING

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MEMBERSHIP DRAWING
\$ 25 ART BOCEK--ENCINO--DONATED TO COLCPE
COLCPE DRAWING
\$ 3 JIM TUKESBREY--RETIREE--DONATED
\$ 3 KEITH MOWER--RETIREE
\$ 3 DANNY SADA--SHERMAN OAKS
\$ 3 STEVE SEYFRIED--SHERMAN OAKS
FINANCIAL SECRETARY REPORT--JOHNSON
TREASURERS REPORT--McCLINTON
MEETING ADJOURNED---8:10 PM

VICE PRESIDENT'S REPORT

By Art Bocek

Form CA-16 Authorization for Medical Treatment

Form CA-16 is the authorization for payment for services rendered to an injured employee by an attending physician. In Section 545.214 of the ELM, it states: "The attending physician is required to completed Form-16 and all medical reports to OWCP district office. In order to receive a copy of the physician's report, the control/point may either (1). request a copy of the report from OWCP district office or (2). provided two copies of Form CA -16 to the attending physician, when the employee is initially sent for examination or treatment, and request that one of the copies be returned to the control of- fice/point."

Form CA-17, "Limited Duty Status Report."

In Sect. 545.62, of the ELM, when Form CA-17 is used, it provides the following:

1. Enables the USPS to provide the attending physi- cian of an injured employee on duty with a brief summary of that employee's normal work duties;
2. Provides a checklist of other duties to permit the attending physician to indicate to the USPS what types of du- ties an injured employee may safely perform, with limitations. The immediate supervisor completes Part A of Form CA-17 be- fore it is issued for completion by the attending physician. Par- ticular attention should be given to Item 8, Description of Regu- lar Work.
3. Is used to facilitate an injured employee's return to suitable employment. The control/point may correspond with the employee, physician either in writing or by phone concern- ing the employee's work limitations and restrictions imposed by the effects of the injury and possible job assignments that specify the duties and physical requirements. Control/point personnel must document any change in duty status author- ized by the attending physician via telephone. Upon receiving such authorization, control/point personnel must immediately submit a revised Form CA-17 to the treating physician to document employee's change in duty status. The control/point concurrently sends a copy of any such correspondence to OWCP district office and the employee, as well as a copy of the physician's response, once received. Additional informa- tion or clarification may be obtained by phone contact with the employee's attending physician, provided such contact is made by either a postal medical officer or physician equivalent, a postal nurse or control office/point personnel.

Return to Duty

When an employee returns to work for "limited duty", Section 547.23 ELM states: " if attending physician submits a medical report, Form CA-17, indicating that the employee is medically capable of performing some of the normal duties for a limited number of hours, or other work of a different nature than the employee's former assignment, the installation head must make every reasonable effort to place the employee in an appropriate assignment."

Representation

If you feel that you need to call and get a clarification regarding a rule or regulation, or feel you need to talk about a problem, call the union at (818) 786-8505. If no answer, leave a message and your call will be answered. Question: "Do you have right's, if you don't know your rights?"

Remember, "Either Use or Loose Your Rights."

See you at the next union meeting.

Don't forget to vote

"Lets talk."

FELLOW SISTERS AND BROTHERS

Now is the time to elect officers to Branch 2462's executive board. Use this election to its fullest, for the lead- ership of this Branch will be chosen by you. Your vote is your voice, so speak loudly sisters and brothers and tell this Branch what to do; it is **your union**.

I wish to thank brother Henry Valdez, Annex III, for his courage in taking a proactive course in what he believes in.

If you recall, several months ago brother Valdez wrote a letter that featured his dissatisfaction over the politi- cal candidates this Branch elected to endorse during the previous Presidential election.

I had replied to brother Valdez's letter, simply stat- ing how this Branch functions, and how its members must be vigilant in seeking any form of change.

Brother Valdez not only attended the April Branch meeting, he also brought a guest, republican candidate for city council of the 7TH district, Ollie McCaulley, who spoke briefly to the membership.

Brother Valdez could have chosen the easier path of constant complaining and blind ignorance; to accuse this union and our branch of being self-serving and ignorant to its members. However, he took pro-active steps (not easy ones) in standing up for his beliefs, for change does not oc- cur without a catalyst. He realized that he is the union.

Once again, thank you brother Valdez, for not only sharing your views, but most importantly, for choosing the very difficult path of participation and activism.

Yours in Unionism
JASON COELLO

Presidents Report

Continued from Page 1

Since the rap session another piece of legislation has surfaced. H.R. 198 would prohibit the postal service from pro- viding specific services that the private sector could provide. This piece of legislation would deny our employer the opportu- nity of obtaining new resources of revenue. I also believe this is just another legislative that is being admitted to congress to attempt to privatize the postal service. Please tell your elected representatives that you oppose these pending issues. It's our job and the time is now to let them know how we feel.

An equally important matter was discussed. A lengthy discussion involved around the area of carrier re- design. This would change how the work we do is evaluated. Any report that is published or any recommendation that would reduce the amount of ours salaries I would oppose. If man- agement wants to save the postal service let them look at there own house first!! Enough.

**ALL MEMBERS &
RETIREE'S
PLEASE RE-ELECT **BOB
ENZ**
FOR SGT-AT-ARMS**

I HAVE AND WILL CONTINUE TO EXECUTE ALL DUTIES OF THE SGT-AT-ARMS. I AM A CARRIER IN ENCINO WITH 29 YEARS OF POSTAL SERVICE. I HAVE BEEN A SHOP STEWARD FOR THE PAST 9 YEARS, A STEP TWO DESIGNEE, AN EXECUTIVE BOARD MEMBER, A REPRESENTATIVE AT UNEMPLOYMENT HEARINGS, A TECHNICAL ASSISTANT AT ARBITRATION'S, A MEMBER OF THE CONTRACT ADMINISTRATION UNIT, ON THE LOCAL NEGOTIATION TEAM, A DELEGATE TO THE LAST 5 STATE AND NATIONAL CONVENTIONS AND HAVE ATTENDED ALL STATE AND LOCAL TRAINING SESSIONS SINCE BECOMING A SHOP STEWARD. PLEASE VOTE FOR ME, BOB ENZ, FOR SGT-AT-ARMS

IN UNIONISM,
BOB ENZ

**MICHELLE MARIE HALL
FOR TREASURER**

I've been nominated for the position of Treasurer for Branch 2462 of The National Association of Letter Carriers. My qualifications for the position include: an Associate of Arts Degree in Business Administration including academic courses in Accounting, Finance, Small Business Management, Business Mathematics through Statistics, and Business Law with an overall GPA of 3.6 and Dean's List distinction; I've received a Certificate of Recognition for Outstanding Achievement in Business Studies by The National Management Association; I've been an active Union member since joining the Postal Service eight years ago; and most recently served as A National Delegate to the National Association of Letter Carriers National Convention in 1996. I believe I can provide excellent service in support of the membership.

Your not only electing the new Treasurer but also installing that person as a member of The Executive Board which oversees the Union local's functions pertaining to the allocation of and use of your Union Funds.

I would appreciate your support in the upcoming election and look forward to serving you as Treasurer and Executive Board Member.

In Unionism,
Michelle Marie Hall

BOB JOHNSON

**FOR
FINANCIAL
SECRETARY**

I have been nominated for the office of Financial Secretary. I am asking for your support. I am dedicated to the National Association of Letter Carriers and to the members of Branch 2462. I have been the Financial Secretary for the past twelve years and have helped to maintain our financial stability. I have over seventeen years of bookkeeping experience which consists of general ledger through trial balance, overseeing account receivable and account payable, bank reconciliation's, payroll and quarterly payroll reports. I also have ten years of bank experience and five years on the board of the Van Nuys Postal Credit Union.

The Financial Secretary is to maintain prompt records of all properties, investment and funds of the branch and I feel that with my past experience as Financial Secretary and my bookkeeping background I am the best qualified person for the job. I feel that with my financial background I can help maintain the branches financial stability into the next century.

I have enjoyed serving you in the past and with your support, I would like to serve you in the future.

Thank you,
Bob Johnson

**RANDY KENT
FOR TRUSTEE**

My name is Randy Kent and I'm running for the office of Trustee. I have been in the Post Office for fourteen years and I have been a shop steward at Civic Center and Encino. I would appreciate your vote.

Thank You
Randy Kent

**TO THE MEMBERS OF
BRANCH 2462:**

I have been an active Letter Carrier in Branch 2462 for the past twelve years. I have worked as a T-6 in Sherman Oaks for ten years and in the past two years have worked as a regular carrier and served as the alternate shop Steward. I had the pleasure, last year, to attend the National and State Conventions as an elected delegate of this Branch. I look forward to the opportunity to serve you in the next two years as a Trustee of this Branch. Remember that a Vote for Tracy J. Mullinax is a vote for honor, integrity, dedication, and the willingness to serve. I would like to continue to uphold the long-lasting history of budgeting and tracking of union funds within our Branch.

Vote for Tracy Mullinax

Thank you
Tracy Mullinax

VELMA J. MCCLINTON
FOR
BRANCH 2462 TREASURER
CONTINUE WITH EXPERIENCE

DURING THE YEARS I HOPE I HAVE LEFT A FOOTPRINT MOST RECENTLY EITHER THROUGH INFORMATION REGARDING LEGISLATION, PREPARATION OF OUR ANNUAL CHRISTMAS DINNER, UNIFORM BANK, BULLETIN BOARD TITLE "SO YOU WILL KNOW", OR INTRODUCING MYSELF TO SOME AND REINTRODUCING MYSELF TO OTHERS THESE PAST FEW WEEKS.

OVER THE PAST 4 YEARS AS TREASURER I HAVE FOCUSED ON MAKING IT EASIER FOR UNION MEMBERS TO UNDERSTAND HOW OUR MONEY IS SPENT. AN EXAMPLE OF THIS IS THAT I HAVE ADDED THIRTEEN NEW CATEGORIES TO OUR ANNUAL BUDGET WITH THE EXECUTIVE BOARD MEMBERS VOTING ON MY DECISION IN ORDER TO SHOW YOU HOW OUR MONEY THAT THE MEMBERSHIP VOTES ON IS DISTRIBUTED IN DETAIL.

COMING FROM AN ACCOUNTING BACKGROUND I AM STILL COMMITTED TO PROVIDING YOU WITH QUALITY AND EFFICIENT SERVICE OF OUR FUNDS.

PLEASE PLAN TODAY FOR TOMORROW AND VOTE FOR VELMA J. MCCLINTON

IN UNIONISM.

**Art Bocek
for
Vice President**

I first became involved in union activities in 1986 as a shop steward. As time past and the need to become more helpful to fellow letter carriers, I became the MBA representative for Branch 2462. In 1991, I was successful in becoming your Vice President and currently hold the position. Since that time, I have been attending workshops in OWCP, EEO, and route inspections, grievance and arbitration's, in order to keep up with the ever changing rules and regulations. This is necessary in order to best represent letter carriers in our branch. Some of my time has been spent in preparing cases for OWCP claims examiners for benefits under FECA regulations for injured letter carrier. This includes getting ready for an OWCP Hearing when a claim for benefits has been denied benefits. Also I have been helping letter carrier in filing of EEO Complaints against the Postal Service. My past track record of representation of letter carriers is my platform, and I will as in the past, always do my best in representing letter carriers. Remember, when you vote this election, for whatever position, vote for knowledge and experience of a candidate, and not popularity. Thank You.

**Members of Branch
2462**

Dear brothers and sisters,

First, I would like to thank sister Gloria Henry for nominating me for one of the trustee positions. With great regret, I had to decline the nomination.

Because of ongoing health problems, since September of 1996, I have been prohibited from performing my present Trustee duties, as well as participating in any Union activities. I.E. picnic, food drive, etc. I had truly hoped to be back to full duty before now, however it has not worked out that way. I wish to make it clear at this time that I informed President Askew that I did not wish to be paid my Trustee salary, which I have not been since August 1996.

I wish to Thank all of you who have supported me - over the years. My biggest regret is that I was not able to serve out my last 9 months of my Trustee duties. For that I sincerely apologize.

Once again, thank you sister Henry for your faith in me. Good luck to all of you running for office!

In Unionism,
Leslie Michelsen

CYA --- IT'S IMPORTANT

by Terry Hall

Shop Steward Annex 3/Main

A Union is a group of people in a common situation that pool their resources to promote and defend themselves and their position from abuses to their Contract and their rights. We have recently won a few arbitration's; these are the situations that the Union is ultimately about. The Steward, The Union Local President, The Step 3 Advocate, The Arbitration Advocate, or a multitude of other contributing entities didn't individually win these cases but collectively and with the support of your funds (dues) to pay for the proceedings won those cases. By being a member of the Union you contribute to the pool that defends and preserves your job and rights. The best way to CYA is to support your Union by membership.

Approximately a year from now management is planning route inspections in Van Nuys. Most carriers don't know about the loophole management usually uses to undermine a fair and reasonable 6-day count- this loophole is known as an eight week analysis. Simply put eight week analysis is where management takes seven weeks in the last seven months at random and the week after the inspection and use those recorded times as a basis for your inspection. What does this mean? It means management takes all those days that you worked off the clock, skipped or shortened your breaks, ran your route, had auxiliary assistance that was not officially recorded to your assignment and any other thing you did to shorten your route times and strategically use it instead of the official 6-day count which shows your actual requirement for time if carried out properly. In other words, now is the time to stop all those route inspection corrupting actions and do your job properly, safely, and on the clock. CYA.

(Continued on Page 6)

WASHINGTON DC LOBBYING TRIP BY VELMA J. MCCLINTON

CSALC WAS A PRODUCTIVE TRIP WHICH MYSELF AND OVER 40 OTHERS PARTICIPATED. IT ENTAIL 3 DAYS OF LOBBYING FOLLOWED BY A CONGRESSIONAL BREAKFAST ON THURSDAY MORNING.

THE 1997 LEGISLATIVE BRIEFING OPEN AT THE NALC HEADQUARTERS ON MONDAY MORNING WITH FRANK CONNERS THANKING THE CSALC FROM GOING COAST TO COAST TO PROVIDE REALITY OF HOW IMPORTANT LEGISLATIVE LOBBYING IS. HE TOLD CSALC THAT MANY HUNDREDS APPRECIATED THE ENERGY AND EFFORT OF CSALC COMING SO FAR.

BILL YOUNG THANKED US AND GAVE US NEWS OF WHAT WOULD BE GOING ON WHILE WE WERE THERE.

1. TEAM ACT WOULD BE VOTED ON WEDNESDAY
2. COMPENSATION TIME VERSE OVERTIME WOULD BE TALKED ABOUT ON THE FLOOR TODAY, MONDAY.
3. CPI FORMULA - REGARDING WORKING MEN AND WOMEN WAS BEING JUGGLED DAILY.

HE LET US KNOW THAT WE SHOULD NOT REST, ONLY LETTER CARRIERS STOOD BETWEEN CONGRESS AGENDA.

BOB LEVY SPOKE AND GAVE US THE BEST VICTORY. THAT NALC HAVE AN ACTIVE LABOR MOVEMENT. THERE IS SOMEONE ON THE HILL REPRESENTING THE LETTER CARRIERS CONSTANTLY. HE REITERATE THAT "YOU CAN NOT UNDERSTAND WHAT'S HAPPENING NOW UNLESS YOU UNDERSTAND THE HISTORY".

LABOR 96 IN CA. - GOAL WAS TO

1. INJECT ISSUES WHO AND WHY TO VOTE FOR A SPECIFIC PERSON.
2. TO HAVE AN EFFECTIVE GET- OUT- TO- VOTE PLAN.
3. NOT TO USE THE SAME ISSUES PREVIOUSLY ACTED ON.

CSALC WERE INVOLVED HEAVILY WITH SUCCESS. 6 NEW MEMBERS OF THE SENATE WERE ELECTED. 3 WERE APPOINTED TO COMMISSION THAT EFFECT LETTER CARRIERS. WE WENT OVER THEM IN DETAIL.

THE CPI IS AN EASY HIT SO IT WAS PULL FROM THE STACK AT THE BEGINNING OF THE 105TH CONGRESS. WHY? BECAUSE THIS ISSUE DOES NOT HAVE TO GO THROUGH ANY LEGISLATION BILL. THIS WAS OUR PRIMARY CONCERN WHILE WE WERE THERE.

WE RECEIVE FACT SHEETS AND A BOOKLET IN ORDER TO GIVE REPRESENTATIVES OUR MOST UPDATED INFORMATION OF WHAT WE WANTED TO HAPPEN UP ON THE HILL AS WELL AS WHAT WAS TAKING PLACE. WE HAD 3 TO 5 LETTER CARRIERS AT EACH MEETING, 1 LETTER CARRIER BEING FROM THAT CONGRESSIONAL DISTRICT.

MOST OFFICES WE WERE WELL RECEIVED AND FAMILIAR OF LETTER CARRIERS CONCERNS. THERE WAS 1 REPRESENTATIVE NOT ONLY MET IN THE HALLWAYS, TOOK NO NOTES, AND DID NOT KNOW WHAT CPI (CONSUMER PRICE INDEX) STOOD FOR.

MS. LYNN WOOSLEY ASK CSALC TO KEEP UP THE WORK. "IT IS A BIG CHALLENGE NOT TO GO BACKWARDS" THAT SHE WAS BEHIND LETTER CARRIERS 100%.

WE WERE TOLD BY MANY THAT WE HAD COME AT A VERY IMPORTANT TIME. OUR PRESENCE WAS CRUCIAL. ON THURSDAY MORNING PRESIDENT CLINTON ISSUED A STATEMENT THAT HE WOULD

ABANDONED THE IDEA OF AN ESTABLISH INDEPENDENT PANEL FOR CPI. HE HAD OVERWHELMING OPPOSITION THE LAST FEW DAYS.

SOMBROTTO TOLD CSALC TO TAKE THE CREDIT FOR THE PRESIDENT DECISION. IT WAS A CUMULATIVE EFFORT, VIRGINIA LETTER CARRIERS WERE THERE THE WEEK BEFORE US.

WHAT TO LOOK FOR:

1. CPI - COST OF LIVING BASIS (HR13)
2. POSTAL REFORM/PRIVATIZATION (HR22)
3. RETIREE COST OF LIVING DELAYS
4. OVERTIME VS. COMPENSATION (HR1)
5. TEAM ACT - STRIP AWAY WORK ER RIGHTS (HR634)
6. POSTAL SERVICE REDUCTION ACT. (HR198) TAKES AWAY SPECIFIC SERVICES TO PATRONS IF THE PRIVATE SECTOR CAN PROVIDE THE SAME WORK. THE FUNDS WERE WELL SPENT, ONLY 1/3 OF THE MONEY THAT WAS ALLOCATED FOR THE TRIP WAS ACTUALLY USED.

CYA---IT'S IMPORTANT

Continued from Page 5

Management constantly tries to bully carriers into doing their routes faster and faster. A common practice by supervision is to shorten your request for time on your 3996 unreasonably. If your supervisor persists in cutting down the time you need to complete your assignments including a full lunch and breaks, don't argue just inform him / her that if you need the time you'll call in as instructed and ask for a copy of your 3996. Then before you reach your call in cut off time, call in and drop the request right back in your supervisor's lap and ask him / her to make the decision they couldn't for your 3996. If management tells you to finish then your are authorized to finish, if management tells you to bring the mail back then take it back, if management tells you to be back in x amount of time and its not enough ask them what to do with the rest. It's their job to handle the situation so give it to them to handle. By the way, if your not on the list report the early denial to your steward and grieve for the extra time and compensation. CYA.

One of the most important assets you have is your shop steward; use them. If management presents you with a form, a request, a question which you don't fully understand or have any possible reason to suspect, request to see your steward for a clarification or interpretation before filling out or signing the form, answering the request, or responding to the question. Management rarely presents a form, request or question without having an underlying purpose; usually a purpose not favorable to the party being addressed. Recently, management has duped several carriers into signing forms, answering questions and acting on requests under false pretenses and the carrier has taken the hit. If in doubt ask for a clarification, management is required to inform you as to what is expected of you and must be sure you understand their expectations. CYA.

Don't loose your cool. Management has been on a rampage recently trying to provoke carriers into doing improper actions that could be used to discipline and/ or remove carriers. They've made comments that accuse and enflame carriers purposely. They fill out forms with questionable entries that sometimes are absolutely false. If so, write a statement, give it to your steward and have your steward grieve it. We are not required to put up with bullying, intimidation or harassment and supervisors are accountable for their improper actions. CYA.

Please vote in the upcoming Union election and remember when you vote for a Union Officer position you are also casting a vote to install that person on the Executive Board which oversees the Union functions and controls the allocation and use of your Union funds. Hope I've helped,

Health Tips

by
Jim Tukesbrey HBR

PETROLEUM JELLY FOR WOUNDS

Antibiotic ointments are best for treating infected or dirty wounds, say dermatologists at Walter Reed Army Medical Center. But for clean cuts Plain old petroleum jelly works just as well to promote healing and prevent infection. At a much lower cost petroleum jelly is also less likely to cause an allergic skin reaction. It is also less likely to promote the spread of drug-resistant bacteria, a problem that can result from extensive or inappropriate use of antibiotic drugs..

RADIATION IMPROVES ANGIOPLASTY

Balloon angioplasty is a procedure in which a tiny balloon is threaded into a blocked coronary artery and inflated to open the obstruction. More than a quarter of patients need a second procedure because their arteries narrow again within six months. Now, results of an eagerly awaited study at SCRIPPS CLINIC & Research Foundation, La Jolla California, show that delivering a low dose of radiation to the site of the obstruction during treatment reduced failure rate by about 75 percent. Three companies are developing devices to easily produce the needed radiation..

ZINC AND THE COMMON COLD

If you pop some zinc lozenges into your mouth, your cold might last only 4.4 days instead of 7.6 days. Research at Cleveland Clinic shows that taking zinc within 24 hours of developing cold symptoms can help. Subjects in the clinic study took 13.3 grams of zinc gluconate sold over-the-counter as COLD-EEZE. every two hours. Headache, coughing, hoarseness, nasal problems and sore throats were alleviated. Fever muscle aches and sneezing were still present but for a shorter period..

**BRANCH ELECTIONS ARE
COMING UP. DON'T FORGET TO
VOTE. YOUR VOICE CAN'T BE
HEARD IF YOU DON'T**

BRANCH 2462 WEBPAGE

Branch 2462 is now on the Internet. You can access our Web Page by typing in:

<http://members.aol.com/branch2462>

Check us out while you are surfing the Net.

Lotsof interesting things and information about our Branch and upcoming events.

BRANCH 2462 HONORS LONGTIME MEMBERS

Branch 2462 recently had the pleasure of honoring some of its members for long term membership in the Branch. Each of the following received recognition at their various Stations and were awarded 25 year pins from the National office.

MIKE MOSLEY

JOE ADAMS

DAVE PARKER.....

JOHN SUAREZ.....

JAY ROTH

LOUIE LASARGE

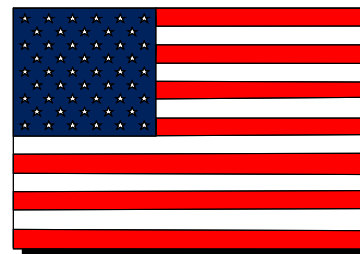
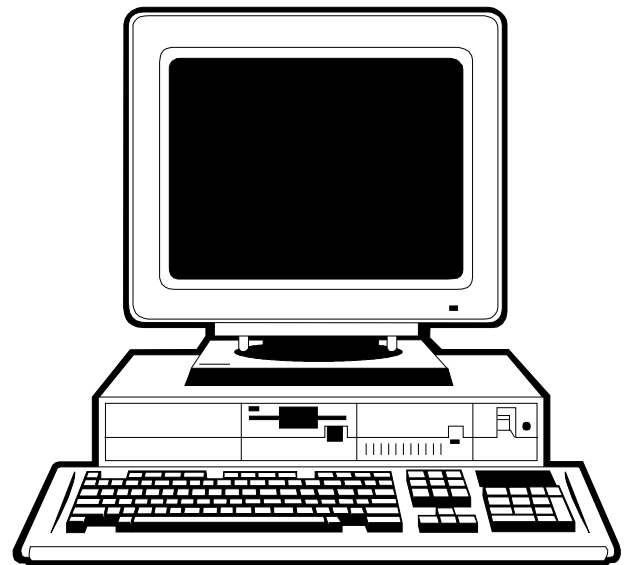
WADE OSWALT

PAT RYAN.....

MOTTO MILLER.....

JON COVERDILL.....

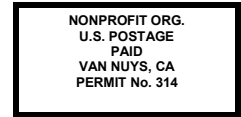
CONGRATULATIONS



"THE MAIL CALL" BRANCH 2462, NALC

Steve Seyfried, Editor
6910 Hayvenhurst Ave., # 101
Van Nuys, CA 91406

Address Correction Requested



SPECIAL GUEST--OLLIE McCAULLEY running for City Council in the 7th District spoke to the membership.

Branch Meeting Minutes April 1, 1997

By
Steve Seyfried, Secretary

The Meeting was held at the Branch 2462 Union Hall 6910 Hayvenhurst Ave, Van Nuys California. It was called to order by PRESIDENT ROGER ASKEW at 6:05 p.m. The Pledge of Allegiance was led by SGT-AT-ARMS ENZ. The invocation was led by FRANK RIMKUS

ROLL CALL OF OFFICERS

PRESENT--ASKEW, SEYFRIED, BRASH, ENZ, TUKESBREY, BOCEK, JOHNSON, HENRY, McCLINTON

ABSENT--MICHELSEN, BROOKINS

MINUTES ACCEPTED AS PRINTED IN MAILCALL WITH CORRECTION--MOTION WAS PASSED AT MARCH MEETING TO START THE APRIL MEETING AT 6 PM.

CORRESPONDENCE READ

APPLICATION FOR MEMBERSHIP

ANGELICA TORRES--ENRICO BUENAVENTURA

BILLS READ MOTION--Pay all Bills presented M/S/C

COMMITTEE REPORTS

SOCIAL REC--GALLEGOS No Meeting held

COLCPE--ENZ \$ 172 in the fund

RETIREES--RIMKUS There were 4 retirees present at tonight's meeting. On the Sick List we have, MIKE

BRASH, RAY KELWIN, SERGIO CHAPARRO & ED

DACUMOS We wish all a speedy recovery.

TRUSTEES No Report

HBR--TUKESBREY No Report

DISTRICT 6--McCLINTON Brief report on her trip to

Washington, DC, saw over 40 Congressional rep's. Very successful and rewarding trip.

EDITOR--SEYFRIED Any questions can be addressed to the Editor by calling the Union Office.

VICE-PRESIDENT--BOCEK Spoke on automating the

MailCall mailing system

SAFETY & HEALTH--HENRY No Report

MBA--HENRY No Report

PRESIDENT ASKEW Looking for a Food Drive

Coordinator. Will be attending National Rap Session in Chicago, report in next months MailCall. Training Class for Shop

Stewards will be held 4-18 - 19 and a Congressional Breakfast on Sunday 4-20. Installation Dinner will be held on June 20th.

Spoke briefly on new federal plan to have all federal checks go through direct deposit only. Branch received special award

from Councilman Alacon for our participation in last years food drive.

OLD BUSINESS--Motion recall from the table the following motion. Branch extend the janitorial contract with DAVE MACKAMAN for one year. Cost to the Branch \$ 900 M/S/C

MOTION--Branch extend the janitorial contract with DAVE MACKAMAN for one year.

Cost to the Branch \$ 900

M/S/C

UNANIMOUS

EXECUTIVE BOARD MINUTES READ

NEW BUSINESS

NOMINATIONS FOR BRANCH OFFICERS

PRESIDENT.....

VICE PRESIDENT

ART BOCEK

RECORDING SECRETARY

FINANCIAL SECRETARY

DANNY SADA

TREASURER

MICHELLE HALL

SGT-AT-ARMS

TEENAMARIE GALLEGOS

JEFF THOMAS

HEALTH BENEFITS REP

MUTUAL BENEFITS REP

TRUSTEE

DAN RATHBONE, TRACY MULLINAX

RANDY KENT, FRANK BRASH

FREIDA McKINNIS, ANNE SCARBOROUGH

TIA WILSON, LESLIE MICHELSEN

EDITOR

* ELECTED BY ACCLAMATION

STEVE SEYFRIED appointed as Chairman of the Election

Committee by President ASKEW

MOTION--Any candidate running for a Branch office

be allowed to submit an article for the May Mailcall,

not to exceed 250 words

M/S/C

MOTION--Branch donate the food from the NALC

food drive to MEND, with the exception of Sherman

Oaks, which will be divided between Van Nuys

Loaves & Fishes, Caring & Sharing, Lutheran

Social Service, St. Lutheran & Pacoima United

Methodist Food Bank

M/S/C

MOTION--Branch hold the 1997 Branch Picnic at

Rancho San Antonio Boys Town in Chatsworth.

Date to be determined later.

M/S/C

MOTION--Branch Executive Board may authorize

spending a maximum of \$ 500 to support the

Strawberry Workers April 13th March

M/S/F

MOTION--Branch donate \$ 100 to the Watsonville

Strawberry Workers.

M/S/C

(CONTINUED ON PAGE 2)